



Why Have You Been Sent To A Pain Management Specialist?

You have been sent by your referring physician to Unifour Pain Treatment Center in Hickory, NC. Our facility deals specifically with the treatment of acute, chronic and cancer pain. Your doctor has sent you here because you have a painful condition which he/she feels we can help. Pain management involves an initial evaluation at which time a history and physician exam will take place. The completion of the enclosed forms prior to your first visit is essential in order to have the most complete record of your pain problem.

After your initial evaluation, there are a number of treatment options available for your pain. These include medications, injection therapy, referral to other specialists, physical therapy, and/or other specialized modalities. If your referring physician has asked us to perform a specific injection, we usually can do this on the first visit with us. Please refer to the instruction in the enclosed packet regarding eating, drinking, and requirement for a driver on your first visit. Injection therapy or “nerve blocks” are specialized procedures which can be performed to treat specific painful conditions. Many of these injections involve the use of a local anesthetic in combination with long acting steroids. The use of nerve blocks can potentially provide long lasting pain relief without the requirement of medications. However, please note that many pain conditions require some form of medication management also. We may consider initiating new medications to make changes in your existing drug therapy at the time of your first visit.

Some patients have concerns about nerve blocks and a fear of needles. We ask that you consider coming to your first appointment for a consultation so that we may discuss the various options with you. We will discuss the various benefits, risks, and potential side effects of the procedure being considered. Please note that if a nerve block is decided upon, we will use a local anesthetic, like Novocain®, to numb the area where we are injecting.

We look forward to meeting you at the Unifour Pain Treatment Center. It is our goal to help control your pain.