

Piedmont Therapy - Hudson

Frye Regional Medical Center
Alexander Campus

Frye Surgery Center
- Viewmont Campus

Frye Regional Medical Center
Main Campus

Cardiac Rehab
(in YMCA)

Medical Specialties Building

- Vein and Wound Center
- Frye Infusion Care
- Surgical Weight Loss

13th Ave NE

10th Ave NE

Frye Wellness & Education Center

Hospitality House

Frye Surgery Center
- Tate Campus

Highland Ave. (Old US 70)

Piedmont Therapy
- Hickory & FryeCare
Diagnostic Center

Unifour Pain
Treatment Center

Quality Inn
& Suites

Arby's™
(2.7 miles to Frye)

Airport

9th Ave. NW

Corning

3rd Ave. NW

2nd Ave. NW

FRMC
South Campus

Whitfield's
Employee
Resource
Center
(Human
Resources)

2nd St. SW

Center St.

Hwy. 127

1st Ave. SE

2nd Ave.

Lenoir-Frye Blvd.

Quality Inn
& Suites

McDonald's®

To Morganton

Hwy. 70

Hwy. 70

Hwy. 321

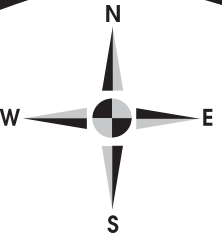
Hwy. 321

Exit # 123

To Charlotte

To Piedmont Therapy
- Lincolnton

Hwy. 321 S.



Interstate 40

Interstate 40

Exit # 125

To Statesville

Exit # 128

HealthPoint

- Piedmont Therapy
- Hart Industrial Clinic
- Oakwood Place
- Industrial Health & Wellness

Unifour
Urgent
Care

Fairgrove Church Rd.

Fairgrove Church Rd.

13th Ave Dr. SE

Hickory Metro
Convention Center

Courtyard by Marriott

Holiday Inn Select
(2.6 Miles to Frye)

Valley Hills Mall

Hickory
Furniture Mart

Hwy. 70

From Charlotte:

The drive from Charlotte will take between 1- 2 hours. From the Charlotte Douglas Airport, take Airport Road and follow the signs to I-85 from the Billy Graham Pkwy. Take I-85 South to the Hwy. 321 North exit (Exit 17) at Gastonia. Take a left onto 321 North towards Lincolnton. As you approach Hickory, I-40 intersects with Hwy. 321. If you are traveling to the Holiday Inn Select - take I-40 going east towards Statesville. Go one exit to 125. Take exit 125. As you approach the end of the ramp, you will see Holiday Inn Select across the road to the right. If you are staying at the Courtyard by Marriot, take a right off the exit and take the next left onto 13th Ave. Dr. SE. Continue past the Outback Steakhouse and at the Piedmont Center you will see the Courtyard by Marriot behind it. Follow the directions from Morganton/ Asheville to proceed to the hospital from Exit 125. If you are traveling directly to the hospital, remain on 321 North. Take exit 42 to route 127. Take a right off the exit onto 127 North. The hospital is approximately 3 miles north. As you travel on highway 127 North, you will proceed through the first light, past Faith Church, and enter Hickory. You will then pass through a series of 5 more lights at the intersections of the following streets: South Center Street, 2nd Ave. SE (National Circuit will be on your right) 1st Ave. SW, 1st Ave. NE, 2nd Ave. NE, 3rd Ave. NE at the Hospitality House. Take a left onto 5th Ave. NE. Then take the next left onto North Center Street. The hospital will be in your left.

From Taylorsville:

Take Hwy. 90 to Hwy. 127 South. Turn left onto Hwy 127 South. Cross the Catawba River Bridge. At 5th Ave. NE, turn right. Frye Regional Medical Center will be on the left.

From Lenoir:

Take Hwy. 321 South and cross Catawba River Bridge. At the 1st stoplight, turn left (by Arby's). Follow the road (which splits into a one way street at the 1st stoplight), keep going straight. At the 7th stoplight, turn left on North Center Street. Go through the 1st stoplight. Frye Regional Medical Center will be on the right.

From Morganton or Asheville:

Take I-40 East to Exit 125. At top of ramp, turn left onto Lenoir Rhyne Blvd. SE. At 5th stoplight, turn left onto Tate Blvd. (1st Ave. SE). Go to the first light and take a right onto Hwy. 127, pass under RR bridge and take a left at 3rd stoplight at 3rd Ave. Turn right onto North Center Street. The Hospital will be at the end of the block on the right.

From Statesville or Winston-Salem:

Take I-40 West to Exit 125. At top of ramp, turn right onto Lenoir Rhyne Blvd. Go to the 4th stoplight and turn left onto Tate Blvd. Turn left onto 1st Ave. (signs will direct you to "downtown" and to Hwy. 127). Go to the first light and then take a right onto Hwy. 127, pass under RR bridge and take a left at 3rd stoplight onto 3rd Ave. Turn right onto North Center Street. The hospital will be at the end of the block on the right.

Frye Regional Medical Center (828) 315-5000

Cardiopulmonary Rehab	(828) 315-3563	Hart Industrial Clinic / HealthPoint	(828) 326-7000
Human Resources	(828) 315-3168	Piedmont Therapy - Hickory	(828) 328-4398
Frye Infusion Care	(828) 315-3043	Piedmont Therapy - Hudson	(828) 728-8317
Frye Regional Medical Center - Alexander Campus	(828) 635-4200	Piedmont Therapy - Lincolnton	(704) 735-2815
Frye Surgery Center - Tate Campus	(828) 322-9789	South Campus	(828) 328-2226
Frye Surgery Center - Viewmont Campus	(828) 315-5885	Surgical Weight Loss Program	(828) 315-5577
Frye Wellness & Education Center	(828) 322-6699	Unifour Pain Treatment Center	(828) 324-4005
FryeCare	(828) 315-7030	Unifour Urgent Care	(828) 267-0551
Healthpoint	(828) 327-4156	Vein and Wound Center	(828) 315-5840
Hospitality House	(828) 324-4544		
Jobline	(828) 315-5585		
Physician Referral	(828) 315-3391		

www.fryemedctr.com